



## **toolsfortreatment**

Family-Centered Behavioral Health Support  
for Pregnant & Postpartum Women

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ATTC | Center of Excellence

# *FAMILY-CENTERED TREATMENT: SERVICES FOR OLDER CHILDREN 6-18*



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## Services for Older Children (6-18)

Today we are focusing on services for the older children (ages 6-18) of mothers in treatment.

Within the family, these are the children who have experienced the most difficulties because of the addiction. As a group, these youth are:

- Overrepresented in the foster care and probation systems;
- Most likely to be failing or behind in our school systems; and
- Three times more likely than other children to misuse substances.

***.... Yet they are the most ignored and forgotten members of the family in our treatment system.***



## The Importance of Working with Older Children

It is critical that our programs begin to include older children (ages 6-18) in treatment as a standard, instead of an exception.....so that we don't add to the trauma they already experienced.

This means finding alternative treatment designs and programming such as:

- **Using housing vs. traditional residential sites**
- **Ensuring program hours take into account school hours**
- **Implementing EBPs that incorporate youth**
- **Hiring staff with expertise working with youth**
- **Incorporating academics for youth in your program**
- **Providing activities that "put youth first"**
- **Being willing to meet youth where they are**



## Services for Older Children (6-18)

### *Designing Services for Older Children*

- Developing the Schedule
- Multidisciplinary Case Conference
- Involving Families
- Blending Mental Health
- Engaging Schools, Child Welfare, and Probation
- Focus on Building Relationships
- Remember they are Children/Teenagers (Normalcy)



## Services for Older Children (6-18)

### *Assessments*

- Academic: STAR
- Mental Health Assessment
- Rosenberg Self Esteem Scale
- School Sentiment Index
- Self Appraisal Inventory
- Racial Identity Scale
- ATOD Awareness Scale
- Social Skills Inventory

### *Evidence Based Practices*

- TF-CPT/AF-CPT
- MST/FFT
- CPP
- MAP





## Services for Older Children (6-18)

### *Service Strategies*

#### **Individual Domain**

- Alcohol and Drug Education
- Problem Solving
- Decision Making/Goal Setting
- Communication Skills
- Self-Esteem Building
- Cultural Enrichment Activities
- Gender Based Activities
- Alternative Activities
- Case Management
- Individual Counseling
- Mental Health Services





## Services for Older Children (6-18)

### *Service Strategies*

#### **Family Domain**

- Parenting Education
- Parent/Youth Interaction
- Communication Skills
- Family Counseling
- Family Reunification

#### **School Domain**

- Tutoring
- Computer Lab
- Academic Enrichment
- Parent/School Involvement
- Program/School Involvement
- Start a school: College Bridge Academy







## Services for Older Children (6-18)

### *Service Strategies*

#### **Peer Domain**

- Group Counseling
- Youth Advisory Council
- Leadership Training
- Alternative Activities
- Camp Mariposa – Moyer Foundation

#### **Community Domain**

- Mentoring
- Community Service
- Work Experience
- Community Organizing





## Services for Older Children (6-18)

### *STAFFING*

#### **Critical Roles**

Youth Specialists  
Mental Health Clinicians  
Case Managers

#### **Qualifications Training**





## References and Resources

### *Evidence Based Practices*

#### [YVLifeSet - Youth Villages](#)

[www.youthvillages.org/what-we-do/yvlifaset](http://www.youthvillages.org/what-we-do/yvlifaset)

Youth Villages' YVLifeSet program works not only with former foster youth and other vulnerable young people but also with their support systems.

#### [functional family therapy - alcohol & drugs - EPISCenter - Penn State](#)

[episcenter.psu.edu/sites/default/files/ctc/FFT-AD%20FAQ%207-28-11.pdf](http://episcenter.psu.edu/sites/default/files/ctc/FFT-AD%20FAQ%207-28-11.pdf)

Functional Family Therapy-Alcohol & Drugs (FFT-AD) is a specialization of traditional *FFT*, tailored to the needs of youth who abuse *drugs* and their families.

#### [Brief Strategic Family Therapy: Research - California Institute for Behavioral Health Services](#)

[www.cibhs.org/sites/main/files/file-attachments/cimh\\_fftadfinal\\_3.ppt](http://www.cibhs.org/sites/main/files/file-attachments/cimh_fftadfinal_3.ppt)



# References and Resources

## NCSACW Technical Assistance Products

### OTHER RESOURCES (CONTINUED)

#### Funding Comprehensive Services for Families With Substance Use Disorders in Child Welfare and Dependency Courts

A look at existing resources for providing comprehensive services to families with substance use disorders.

#### Family-Centered Treatment for Women With Substance Use Disorders—History, Key Elements, and Challenges

An introduction to the concept of family-centered treatment for women and their families, including application of various treatment modalities and strategies to overcome commonly encountered barriers.

#### Funding Family-Centered Treatment for Women With Substance Use Disorders

A resource paper that helps treatment providers and State substance abuse agencies identify and access potential sources of funding for comprehensive family-centered treatment. It is a companion to *Family-Centered for Women With Substance Use Disorders—History, Key Elements, and Challenges*.

#### A Review of Alcohol and Drug Issues in the States' Child and Family Service Reviews (CFSRs) and Program Improvement Plans (PIPs)

A summary and analysis of substance abuse issues from CFSRs and PIPs in all 50 States, the District of Columbia, and Puerto Rico.

#### Annotated Bibliography on Cross-System Issues

A bibliography including major literature and research papers on cross-system issues involving child welfare, substance use disorders, and dependency courts.

#### Methamphetamine Addiction, Treatment, and Outcomes: Implications for Child Welfare Workers

The latest, up-to-date research on parental use of methamphetamine and its effects on children and families.

#### Methamphetamine Resource List

A comprehensive list of all the methamphetamine resources available through the various agencies and associated organizations.

Get a **FREE** copy of these tools and protocols today!

To download these publications, go to <http://www.ncsacw.samhsa.gov> and <http://www.childwelfare.gov/index.cfm>.

Some publications are available in hard copy and can be ordered at <http://store.samhsa.gov/home> or by calling 1-877-726-4727.

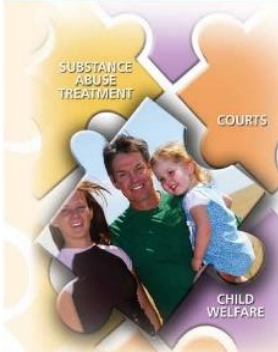


National Center on Substance Abuse and Child Welfare  
Visit our Web site at <http://www.ncsacw.samhsa.gov>.  
For assistance, call 866-493-2758.



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Administration for Children and Families

## National Center on Substance Abuse and Child Welfare Technical Assistance Products



### PUBLICATIONS ON IMPROVING COLLABORATION

#### Screening and Assessment for Family Engagement, Retention and Recovery (SAFERR)



This step-by-step guide provides a framework to strengthen screening and assessment practices while building a collaborative team among the child welfare, substance abuse, and dependency court systems. Appendices include examples of screening and assessment tools, factsheets, and information about confidentiality.

#### Facilitating Cross-System Collaboration: A Primer on Child Welfare, Alcohol and Other Drug Services, and Courts



An essential reference providing an introduction to each of the child welfare, substance abuse, and court systems. It helps professionals become familiar with the operations of the other organizations that also serve their clients.

NCSACW demonstrates the importance of cross-system collaboration among the child welfare, substance abuse treatment, and court systems by providing materials that document current best practices and policies from across the country. The following products are all available **FREE** online or via the U.S. mail.



National Center on Substance Abuse and Child Welfare  
Visit our Web site at <http://www.ncsacw.samhsa.gov>.  
For assistance, call 866-493-2758.



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Substance Abuse and Mental Health Services Administration  
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# QUESTIONS

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