



Frequently Asked Questions

	FAQs
Q 1	In level 4 of the NARR 4 Levels, is it expensive or are there places where the services are reasonable or free?
Response 1	Deb Werner: I believe that most NARR level 4 residences are either private pay or funded with behavioral health monies.
Q2	Are women with children a priority population at shelters?
Response 2	Deb Werner: There are shelters specifically for women with children. Many communities use motel vouchers as emergency housing for families with children as that may be more appropriate than a shelter.
Q3	In recovery housing, how does management encourage openness when others do not follow the rules?
Response 3	Deb Werner: Each recovery housing program is different. In many recovery housing programs, peer and community norms set the stage for expectations. Some require that people adhere to a set of rules while others have guidelines.
Q4	Is there evidence for which housing option works best for women in recovery who also have children or does it depend on individual circumstances?
Response 4	Deb Werner: There is evidence that supportive housing is effective for women with children. See http://www.cbpp.org/research/housing/supportive-housing-helps-vulnerable-people-live-and-thrive-in-the-community or some of the resources at http://shnny.org/research-reports/research/families/ . There has not been sufficient research on recovery housing.
Q 5	How can someone find an organization that offers home-based case management for women?
Response 5	Deb Werner: There are a number of different home-based case management programs, depending on the target population. There may be resources through homeless services, family support or preservation services or behavioral health. The Maternal, Infant, and Early Childhood Home Visiting Program provides home visiting for families with children ages 0-3. You might start by making inquiries using your community 211 number or at coalitions/gatherings of service providers.
Q6	Are there monetary sources for housing when a woman in recovery cannot afford her portion of housing costs?



toolsfortreatment
Family-Centered Behavioral Health Support
for Pregnant & Postpartum Women
ATTC | Center of Excellence

**Supporting Recovery through Housing: Options and
Innovations for Women and Families**

Deb Werner

CoE PPW Webinette #5: September 13, 2016

Response 6

Deb Werner:

Housing cost is one of the biggest challenges for low-income women and families. There are some housing subsidy programs, but there are not enough to meet the needs. The larger programs are Section 8 and local affordable housing programs. Some providers seek grants or donations to help subsidize housing cost, especially for new residents to recovery housing. Sometimes recovery housing may be funded as a part of behavioral health care.