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toolsfortreatment

Family-Centered Behavioral Health Support
for Pregnant & Postpartum Women

ATTC | Center of Excellence

FAMILY-CENTERED TREATMENT:

SERVICES FOR CHILDREN 0-5



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Family-Centered Behavioral Health Support
for Pregnant & Postpartum Women

The Importance of Working with Young Children

The 0-5 years of early childhood are the most crucial, greatly affecting later development and behavior. Children born to mothers with a Substance Use Disorder (SUD) are at increased risk of developmental delay, primarily due to environmental and lifestyle concerns.



The Importance of Working with Young Children

Providing the family with child development services can offer the learning and stability a mother needs to assist her child with healthy development and eliminate the risk of delays, with a specific focus on attachment and bonding.



CHILD DEVELOPMENT VS. CHILD CARE

A quality **early childhood education (ECE)** program emphasizes that in order to provide the best beginning for a child:

- ***There should be collaboration between home, program, and as much as possible, the community;***
- ***The parent should be viewed as the child's first and most important teacher; and,***
- ***The whole child must be considered.***

Characteristics of a Quality ECE Program

1. The developmental needs of children are being met in a safe and nurturing environment.
2. Active exploration, expression of ideas, curiosity and an excitement for learning is promoted.
3. Classroom and playground learning experiences are designed to provide skills needed to enhance growth in all developmental domains.
4. Early Childhood Educators are trained to provide all services in a developmentally appropriate manner.

DEVELOPMENTAL DOMAINS

1. **Language Arts:** including pre-reading skills
2. **Cognitive Skills:** concepts in Math, Science, Social Studies, and Health
3. **Social Skills:** cooperating, helping, and negotiating
4. **Gross Motor Skills:** large muscle skills such as running, jumping, and balancing
5. **Fine Motor Skills:** eye/hand coordination; using crayons, pen/pencils, play dough



Designing your Program

- On site
- Safe and nurturing environment
- Considers the whole child
- Parent as active participant and teacher
- Connection to home and community
- Curriculum that matches population
- Daily schedule; individualized services
- Circle of documentation
- Comprehensive assessment process

DEVELOPMENTAL ASSESSMENTS

Denver II

Children 0-6

Screening for performance on age appropriate tasks in 4 developmental domains

Ages and Stages (ASQ and ASQ-SE)

Children 3 months – 5

Screening for performance in 5 developmental domains

Parents involved in screening



SERVICE STRATEGIES

- Individual Education Plans
- Developmental activities (ECEs); curriculum and individualized
- Linkage to specialized services, health care and other needs
- Child development and parenting education (Triple P; PAT)
- In-home and individual parenting education
- Supervised early intervention
- Mental health services (PCIT, CCP, TN)

STAFFING

Critical Roles

Child Development Coordinator
Child Development Specialists
Child Development Workers

Qualifications Training



QUESTIONS

FOR ADDITIONAL INFORMATION:

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